

	How to Opt In	How to Opt Out	Who to Contact for changes?	Notes
Anthem Blue Cross	<ul style="list-style-type: none"> •Some Select PPO physicians automatically opted in to Covered CA in October 2012. •Ancillary network automatically opted in to Covered CA. 	<ul style="list-style-type: none"> •Physicians had the option of opting out with 90-days' written notice. •Amendment also allows physicians to terminate participation at any time without cause in only Covered CA (without affecting the underlying PPO contract) with 90-days' written notice. 	Network Relations - (855) 238-0095 networkrelations@Wellpoint.com	<ul style="list-style-type: none"> •For its HMO product, Blue Cross has delegated responsibility to contracting IPAs/Medical Groups, who may have notified physicians they were modifying their contract to include Covered CA. •Anthem Blue Cross has made attempts to renegotiate existing contracts with physicians at lower rates.
Blue Shield of CA	<ul style="list-style-type: none"> •Offered three new products during 2012 recontracting - Commercial EPO/PPO Networks A, B, and C. •Physicians who signed the new contracts and did not opt out of Networks A, B, and C were automatically opted in to Covered CA. •Automatically opted some doctors in to Covered CA in July 2013 to fill network adequacy. 	<ul style="list-style-type: none"> •Physicians have the option to modify their participation status in any of the Blue Shield products upon the anniversary of their contract renewal. •Physicians do not have the ability to opt out of Covered CA short of terminating the underlying PPO agreement. 	*Provider Services - (800) 258-3091	<ul style="list-style-type: none"> •For the practices that were automatically opted in to Covered CA, Blue Shield is offering to pay them at 100% of their PPO rates.
Health Net of CA	<ul style="list-style-type: none"> •Opted physicians in to Covered CA who are directly contracted with the Health Net HMO product in October 2013. •Opted the Health Net PPO network in to Covered CA in November 2013. 	<ul style="list-style-type: none"> •Physicians must cancel their original contracts. 	*Provider Services - (800) 641-7761 provider_services@healthnet.com	<ul style="list-style-type: none"> •Physicians were opted in at their existing contracted rate. •Health Net has made attempts to renegotiate existing contracts with physicians at lower rates.
Sharp Health Plan	<ul style="list-style-type: none"> •Very complicated with potential for indirect opt-in (silent network). 	<ul style="list-style-type: none"> •Contact the plan directly. 	*Provider Support Department - (858) 499-8330	<ul style="list-style-type: none"> •Many plans with HMO products are delegating to IPAs/Medical groups.
Molina	<ul style="list-style-type: none"> •Very complicated with potential for indirect opt-in (silent network). 	<ul style="list-style-type: none"> •Contact the plan directly. 	*Provider Relations - (888) 665-4621	<ul style="list-style-type: none"> •Many plans with HMO products are delegating to IPAs/Medical groups.

***SDCMS members can contact (858) 565-8888 for specific contact information.**

Ten Covered California tips for physicians in 2014. SDCMS-CMA members can access various Covered California toolkits here:

<http://www.cmanet.org/cma-reform-essentials/reform-essentials-archives/january-30-2014/#3>

Check your participation status in Covered California (convenient & fast, but info is from September 2013, i.e. not current)

<http://www.cmanet.org/exchange-lookup>

(Please note: this tool does not work in Safari)

Check your participation status in Covered California (takes 5 minutes with lots of clicks, but information is current)

- Visit **www.CoveredCA.com** and click on the yellow "Apply Now" button.
- Select the "Preview Plans" tab at the top of the next screen.
- The user will then be directed to provide some general demographic information and click "See My Results" at the bottom right.
- Click "Preview Plans" again on the next page, then select the "Find your doctor or hospital/clinic or medical group" bar in the middle of the screen.
- Click "Find Your Doctor."
- Enter the physician's name and location of practice (e.g., city or zip code) and click "Search." If the desired physician is contracted with a participating Covered CA health plan, his or her name should appear in the subsequent provider list.
- Click on the desired physician's name. Review the information listed in the "specialty designation" and "languages" fields then click the "Add to My Providers List" option.
- Click "Choose a Plan." The plans in which the chosen physician participates will show a gray checkmark box in the "My Doctors" row within the summary at the lower half of the page.

A gray minus-sign box indicates that the physician does not participate in the plan.